

Birthing Kit Checklist

- _____ One bar of **soap**
- _____ One **pair of plastic gloves**
- _____ Five squares of **gauze**
- _____ One disposable #10 **scalpel** six inches long
- _____ Three pieces of soft, cotton **string**
- _____ One **plastic sheet**
- _____ One **gallon-size Ziplock freezer bag / or cloth bag**
- _____ One flannel **receiving blanket**
- _____ One **underpad**